

SCAR:ICU

Spiritual & Church Abuse Recovery Intensive Care Unit

The SCAR:ICU program is a confidential 8-week group therapy for men and women who have been hurt by a past church or religious experience. In the group, participants will walk through definitions of Spiritual Abuse in various contexts, learning vocabulary to help them talk about their own experience and start to tell their story. This group has a heavy emphasis on education, resources, and laying a foundation upon which grief, lament, and forgiveness can eventually be built. The group also focuses on helping members learn to build trust safely and experience an environment of validation and support alongside others who have had similar experiences.

WHO? Open to any man or woman in the St Louis community who has had a negative experience with a church or religious group. A free individual intake meeting will be done to assess whether you are a good fit for the group and the group is a good fit for you.

WHEN? Meets **Monday evenings, 6:30-8:30pm** from January 28 to March 18, 2019.*

Plus a mandatory intake meeting (in person) between January 14-25.

WHERE? Sessions held at Crosspoint Church,
5001 Little Rock Road, St Louis, MO 63128.

COST? The cost for the entire program is \$200, which includes the 8-week program plus an intake meeting. Some scholarships may be available upon request.

STAFF? Led by Jeana Roth (MA, PLPC) under the supervision of Jeremy Ruckstaetter (PhD, LPC) along with Revision Christian Counseling staff.



*We do ask that participants commit to all eight meetings for the sake of group dynamics and consistency. We understand that emergencies come up, but we expect each participant to make an effort to be at each meeting. This can be discussed further at Intake.

**If you are interested or would like more information, please contact
Jeana Roth at jeana@revisionchristiancounseling.com or 636.489.4822.
Space is limited, so please inquire soon! (all inquiries will be kept confidential)**

The Spiritual & Church Abuse Recovery: Intensive Care Unit program was created by Jeana Roth and is loosely adapted from materials used at The Crossing Church in Chesterfield, MO. Used with permission.